## Linear mediation and moderation

#### **Session 12**

MATH 80667A: Experimental Design and Statistical Methods for Quantitative Research in Management HEC Montréal

### Outline

## Linear mediation model

### Interactions and moderation

## Linear mediation

### Three types of associations



## Key references

- Imai, Keele and Tingley (2010), A General Approach to Causal Mediation Analysis, Psychological Methods.
- Pearl (2014), Interpretation and Identification of Causal Mediation, *Psychological Methods*.
- Baron and Kenny (1986), The Moderator-Mediator Variable Distinction in Social Psychological Research: Conceptual, Strategic, and Statistical Considerations, Journal of Personality and Social Psychology

Limitations:

- Bullock, Green, and Ha (2010), Yes, but what's the mechanism? (don't expect an easy answer)
- Uri Simonsohn (2022) Mediation Analysis is Counterintuitively Invalid

## Sequential ignorability assumption

### Define

- treatment of individual *i* as *x<sub>i</sub>*,
- potential mediation given treatment x as  $M_i(x)$  and
- potential outcome for treatment x and mediator m as  $Y_i(x,m)$ .

Given pre-treatment covariates *w*, potential outcomes for mediation and treatment are conditionally independent of treatment assignment.

 $Y_i(x',m), M_i(x) \perp\!\!\!\perp X_i \mid W_i = w$ 

Given pre-treatment covariates and observed treatment, potential outcomes are independent of mediation.

### Total effect

### **Total effect**: overall impact of *x* (both through *M* and directly)

 $\mathsf{TE}(x,x^*) = \mathsf{E}[Y \mid \operatorname{do}(X=x)] - \mathsf{E}[Y \mid \operatorname{do}(X=x^*)]$ 

This can be generalized for continuous x to any pair of values  $(x_1, x_2)$ .

$$\begin{array}{c} \textbf{X} \rightarrow \textbf{M} \rightarrow \textbf{Y} \\ \textbf{plus} \\ \textbf{X} \rightarrow \textbf{Y} \end{array}$$



### Average controlled direct effect

$$\mathsf{CDE}(m,x,x^*) = \mathsf{E}[Y \mid \operatorname{do}(X=x,m=m)] - \mathsf{E}[Y \mid \operatorname{do}(X=x^*,m=m)] = \mathsf{E}\{Y(x,m) - Y(x^*,m)\}$$

Expected population change in response when the experimental factor changes from x to  $x^*$  and the mediator is set to a fixed value m.

### Direct and indirect effects

**Natural direct effect:**  $NDE(x, x^*) = E[Y\{x, M(x^*)\} - Y\{x^*, M(x^*)\}]$ 

- expected change in *Y* under treatment *x* if *M* is set to whatever value it would take under control *x*\*
- **Natural indirect effect:**  $NIE(x, x^*) = E[Y\{x^*, M(x)\} Y\{x^*, M(x^*)\}]$
- expected change in *y* if we set *x* to its control value and change the mediator value which it would attain under *x*

Counterfactual conditioning reflects a physical intervention, not mere (probabilistic) conditioning.

Total effect is  $TE(x, x^*) = NDE(x, x^*) - NIE(x^*, x)$ 

# Linear structural equation modelling and mediation

### The Baron-Kenny model

Given **uncorrelated** unobserved noise variables  $U_M$  and  $U_Y$ , consider linear regression models

 $M = c_M + lpha x + U_M \ Y = c_Y + eta x + \gamma m + U_Y$ 

Plugging the first equation in the second, we get the marginal model for *y* given treatment *x*,

$$\mathsf{E}_{U_M}(Y \mid x) = (c_Y + \gamma c_M) + (eta + lpha \gamma) \cdot x + (\gamma U_M + U_Y) \ _{ ext{intercept}} ext{total effect} \ = c_Y' + au X + U_Y'$$

### The old method

Baron and Kenny recommended running regressions and estimating the three models with

1. whether  $\mathcal{H}_0 : \alpha = 0$ 2. whether  $\mathcal{H}_0 : \tau = 0$  (total effect) 3. whether  $\mathcal{H}_0 : \gamma = 0$ 

The conditional indirect effect  $_{\alpha\gamma}$  and we can check whether it's zero using Sobel's test statistic.

**Problems?** 

### Sobel's test

Based on estimators  $\hat{\alpha}$  and  $\hat{\gamma}$ , construct a Wald-test

$$S = rac{\widehat{lpha}\widehat{\gamma} - 0}{\sqrt{\widehat{\gamma}^2 \mathsf{Va}(\widehat{lpha}) + \widehat{lpha}^2 \mathsf{Va}(\widehat{\gamma}) + \mathsf{Va}(\widehat{\gamma}) \mathsf{Va}(\widehat{lpha})}} \stackrel{.}{\sim} \mathsf{No}(0,1)$$

where the point estimate  $\hat{\alpha}$  and its variance  $v_{a(\hat{\alpha})}$  can be estimated via SEM, or more typically linear regression (ordinary least squares).

### Null distribution for the test

The large-sample normal approximation is poor in small samples.

The popular way to estimate the *p*-value and the confidence interval is through the nonparametric **bootstrap** with the percentile method.

Repeat B times, say B = 10000

1. sample **with replacement** *n* observations from the database • tuples (Y<sub>i</sub>, X<sub>i</sub>, M<sub>i</sub>)

2. recalculate estimates  $\widehat{\alpha}^{(b)}\widehat{\gamma}^{(b)}$ 

### Boostrap *p*-values and confidence intervals

### **Confidence interval**

## Percentile-based method: for a equitailed $1 - \alpha$ interval and the collection

 $\{\widehat{lpha}^{(b)}\widehat{\gamma}^{(b)}\}_{b=1}^{B},$ 

compute the  $\alpha/2$  and  $1 - \alpha/2$  empirical quantiles.

### Two-sided *p*-value

Compute the sample proportion of bootstrap statistics  $S^{(1)}, \ldots, S^{(B)}$  that are larger/smaller than zero.

If  $S^{(M)} < 0 \le S^{(M+1)}$  for  $1 \le M \le B$ .

 $p=2\min\{M/B,1-M/B\}$ 

### and zero otherwise

## Example from Preacher and Hayes (2004)

Suppose an investigator is interested in the effects of a new cognitive therapy on life satisfaction after retirement.

Residents of a retirement home diagnosed as clinically depressed are randomly assigned to receive 10 sessions of a new cognitive therapy (X = 1) or 10 sessions of an alternative (standard) therapeutic method (X = 0).

After Session 8, the positivity of the attributions the residents make for a recent failure experience is assessed (*M*).

Finally, at the end of Session 10, the residents are given a measure of life satisfaction (Y). The question is whether the cognitive therapy's effect on life satisfaction is mediated by the positivity of their causal attributions of negative experiences. "

### Defaults of linear SEM

- Definitions contingent on model
  - (causal quantities have a meaning regardless of estimation method)
- Linearity assumption not generalizable.
  - $\circ~$  effect constant over individuals/levels

Additional untestable assumption of uncorrelated disturbances (no unmeasured confounders).



Keenan Crane

### Assumptions of causal mediation

Need assumptions to hold (and correct model!) to derive causal statements

- Potential confounding can be accounted for with explanatories.
- Careful with what is included (colliders)!
  - *as-if* randomization assumption
- Generalizations to interactions, multiple mediators, etc. should require careful acknowledgement of confounding.